Hidden Powers of Mantra

* **Origin of Universe**
  + Vedic affirmation of the eternal omnipresent Omkar.
* **Power of Mantra**
  + The power of a mantra chant is purely spiritual in nature. It is a kind of conscious energy that influences body, mind & inner self (attitude), and generates specific vibrations in the subliminal environment & cosmic domains of consciousness.
* **Importance of sonic pattern**
  + Specific compilation of syllables and sonic patter of a mantra are of crucial importance. The syllables used in a mantra are like coded representation of sonic energy latently stored in it. The chanting of a specific combination of specific syllables in a specific order generates energy
* *Mantras* were invented by the *rishis –* the scientists of *Shabda Brahm-Nada Brahm-* as the coded formulae and subtle ‘sonic devices’ to generate and use specific effects of the sublime power of Shabda.
* **Dual Effects**
  + Jap of a mantra instantaneously generates dual effects – one in inner world and other in external. Continuous chanting of a mantra not only stimulates specific extrasensory energy centers, nerve bundles and ganglions inside chanter’s body, it also generates specific vibrations in the surrounding space that spreads in all directions and influences the subtle environment and other conscious beings too
* **Cyclic Motion**
* Continuous cyclic motion produces enormous power. By resonance, the sound produced by the marching of troops can even break a bridge. Similarly, the energy generated by chanting of mantra in a specific rhythm at constant amplitude is quite intense. This combined with the force of focused consciousness and vital energy stimulates the otherwise latent extrasensory hormonal glands and power-nuclei in the body
* **Rate of Progress**
* The attainment of supernormal bequests depends on the mental and spiritual makeup of the chanter and his focus on a disciplined mode of chanting.
* **Purpose**
* Chanting is the process of cleansing /refining our inner self/attitude. It allows us to awaken hidden divinity within ourselves and inculcate divine virtues by simultaneously meditating over them
* **4 stages**
* Repetition, Retention, Recall and Recognition (putting into practice and changing your lifestyle)
* **Transformation of Ego**
  + While chanting any mantra, one should meditate upon the meaning of the mantra and believe that divine qualities are being kindled within him. The chanter should try to bring a transformation in his lifestyle by believing that he is not an ordinary soul.
* **Not just bead rotation**
  + The process of chanting should not be only limited to just bead rotation and mechanical chanting. Meditation is a very important aspect. Mechanical chanting although will yield results of its own but those are insignificant as compared to chanting with correct mindset.
* **Gayatri Mantra**
  + **Om bhur bhuvah swah tatsaviturvarenyam bhargo devasya dhimahi dhiyo yonah prachodyat** **(Rig-Veda 3/62/10, Sam-Veda 1462, Yajur-Veda 3/35, 22/9, 30/2, 36/3)**
  + **Supreme of all Mantras**
    - This eternal mantra is said to be the genesis of the Vedas.
  + **Spiritual aspects**
    - Enables the chanter to reduce/ remove the effects of past karmas (deeds)
    - Chanter develops a divine ego which enables him to remove undesirability which have rooted themselves deep into the unconscious mind over a period of many births
  + **Scientific aspects**
    - Chanting this mantra for a continuous stretch of time generates powerful vibrations of various glands, ganglions, nerve bundles, neuronal passages and extrasensory energy centers in the physical, subtle and astral bodies. It stimulates emission of supernormal brain impulses that generate specific aura around the chanter
    - When the Gayatri Mantra is chanted, the sound waves that are created, are said to be in the shape of a ring. It rises up with great speed, through the medium of ether and goes towards the Sun. After touching the surface of the Sun, it returns back along with the powers of the Sun (heat, light and electrical). The Mantra combined with all the powers of the Sun re-enters the body of the ‘Practicer’. The stronger the will-power and emotion attached with the Mantra, the stronger the force of these powers. If the Mantra is said with the full concentration of the mind, it can make the impossible, possible.
* **Importance of United efforts**
  + The power of collective endeavors is far more significant in the fields of consciousness and spirituality. An organized move of a large congregation of people of compatible ideologies motivated for a common aim creates an intense atmosphere of great influence.
* **Prayer**
  + Psychologically, prayer is said to gradually invigorate the potentials of the mind. The intensity and impact of prayers rise in proportion with the piety and depth of the devotee’s faith. Prayers reach the hidden folds of the mind, and thus are effective in the eradication of psychiatric complications, mental weakness, tension, worries, illusions, etc.
* Groups of people, societies, and even nations as a whole take the shelter of collective prayer during times of emergency. This is the last asylum of hope for mankind in critical moments of helplessness.
* **2011 is a year of great importance**
* Many seers have prophesied that 2011-2012 would be a turning point in the emergence of new era.
* Swami Vivekandanda has said, “The process of the creation of the new era began with the moment of birth of Thakur Ramakṛishṇa Paramhamsa in 1836”. The world-renown Yogi, Maharṣi Aurobindo prophesized that the transitional period of era change would be 175 years. Adding 175 years to 1836 brings us to 2011.
* 2011 is also the year of the **Birth Centenary of Acharya Shri Ram Sharma**, founder of All World Gayatri Pariwar, who pioneered the revival of “Sat Yug”, through creative integration of modern science and spirituality, ancient Dharmic traditions relevant for challenging circumstances of modern times. According to Him, “malicious thoughts” are the root cause of crisis in individual, family, social and world affairs in contemporary times. The only way out of this desperate situation is “Thought Transformation.”
* **Pragya Purascharan** 
  + Revered Acharyaji had declared the period of 1980 – 2000 as Yug Sandhi Kal (cosmic changes before the change of era).
  + He emphasized the need for greater purification of people’s mind and spiritual enlightenment and molding their attitude to adopt the new world order that is due to be bestowed by the Almighty.
  + 240 million Gayatri Mantra Jap were performed daily collectively by 2.4 million parijans (members) per day, which later increased to 1.2 billion chants per day.
  + A proportionately similar number of yagyas and havans were conducted almost every village, town and city in India.
* **Sadhana Anusthan**
  + Will commence on the sacred day of **‘Mahashivratri’ (March 2nd, 2011).** It will extend for 40 days, concluding on ‘**Ramnavmi, (April 12th, 2011)**.
  + 60 Gayatri Mantras per day amounting to a total of 2,400 per person.