



Gayatri Gyan Kendra of Long Island

Under Guidance of All World Gayatri Pariwar, Shantikunj, Haridwar, India

MAHAMRTYUNJAYA MANTRAH

ॐ त्र्यम्बकं यजामहे, सुगन्धिम्पुष्टिवर्धनम् ।

om tryambakam yajamahe
sugandhim pustivardhanam

उर्वारुकमिव बन्धनान्, मृत्योर्मुक्षीय मा मृतात् ॥

urvarukamiva
bandhannanmrtyormuksiya ma'mrtat

Sanskrit to English Word Meaning

tryambakam - three-eyed (*Siva*);
yajamahe -we offer our worship;
sugandhim -fragrant; pustivardhanam -
one who enhances prosperity; urvarukum -
the water melon; iva -like; bandhanat -
from the bondage; mrtyoh -of death;
muksiya -liberate; ma- not; amrtat - from
immortality

Meaning of Mrtyunjaya Mantrah: We offer our worship to the fragrant, three-eyed Lord *Siva* who enhances prosperity. May he liberate us from the bondage of death like the water melon (which effortlessly separates from the vine); may he not (let us turn away) from immortality

